

REGULAR VOLKSMARCH - The Flying Fish regular Volksmarch will begin from the **Zanders Ice Cream & Coffee** located at **315 Main St, Vincennes, IN 47591**- See **START/FINISH** for further information.

REGISTRATION - All walkers are required to have a start card. If you do not wish to receive IVV credit, you are welcome to walk free. Everyone is welcome to participate.

CREDIT - This event counts toward acquisition of IVV Achievement Awards.

STIPULATIONS - With registration for this event, the participant accepts the guidelines for AVA Volkssport events. Littering is not permitted. Children under 12 must be accompanied by an adult at all times and should be watched carefully, especially near busy streets. No refunds. Event is held regardless of the weather.

DISCLAIMER - The American Volkssport Assn, Bloomington Flying Fish Volkssport Assn and Zanders cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to these conditions.

TRAIL RATING - (1+) The walk is not suitable for strollers or wheelchairs. Pets are not allowed in buildings. Restrooms are available at the start point. Restrooms will also be available along the trail.

TRAIL DESCRIPTION - This 10K (6.2 miles) trail begins at Zanders Ice Cream &

Coffee will take place on mostly on sidewalks within Indiana's First City.

START/FINISH - Walkers will begin the walk from Zanders Ice Cream & Coffee located at 315 Main St, Vincennes IN 47591. Beverages can be purchased at the start point. Gelato may be purchased at the completion of the walk! Walkers may want to carry water on the trail.

CREDIT ONLY - This event is for credit only. The fee is \$3.00 for IVV distance and/or event credit. The event is free to those not wanting credit.

FOR ADDITIONAL INFORMATION - Contact: Margaret Dalle-Ave; 3114 N Ramble Rd W; Bloomington IN 47408-1079; (812) 339-7549; dalleave@sbcglobal.net.

DIRECTIONS – A map can be located electronically at this link:

<http://www.yellowpages.com/info-LMS80727889/Zanders/maps>

Vincennes is located in Southwestern Indiana at the junction of US Hwys 41 and 50. The city is easily accessible from many areas. From Chicago, IL travel US-41 South. From Nashville, TN travel North on I-24 then follow US-41 North. St. Louis, MO is a three hour drive on US 50 East. Cincinnati, OH residents have an approximate four-hours drive on US 50 West to bring them to Vincennes. From Louisville Ky. travel North on US 150 and then West on Hwy 50.

Approaching Vincennes from the East on Hwy 50

As you approach Vincennes follow the signs

to Hwy 41 south. Take the first exit off of Hwy 41 this will bring you to Hart St. Turn right. Continue to 6th St. Turn left to Main St.

Approaching Vincennes from the South on Hwy 41

Take the first Vincennes exit to Willow St. Turn left continue to 6th St. Turn right to Main St.

Approaching Vincennes from the North on Hwy 41

Use 6th St. exit. Hwy. 41 will actually turn into 6th St. on the North end of town. Follow 6th St through town until Main St. Turn right

Approaching Vincennes from the North on Hwy 67

Hwy 67 will merge with Hwy 41 North of Vincennes. Use the directions for approaching Vincennes from the North on Hwy 41.

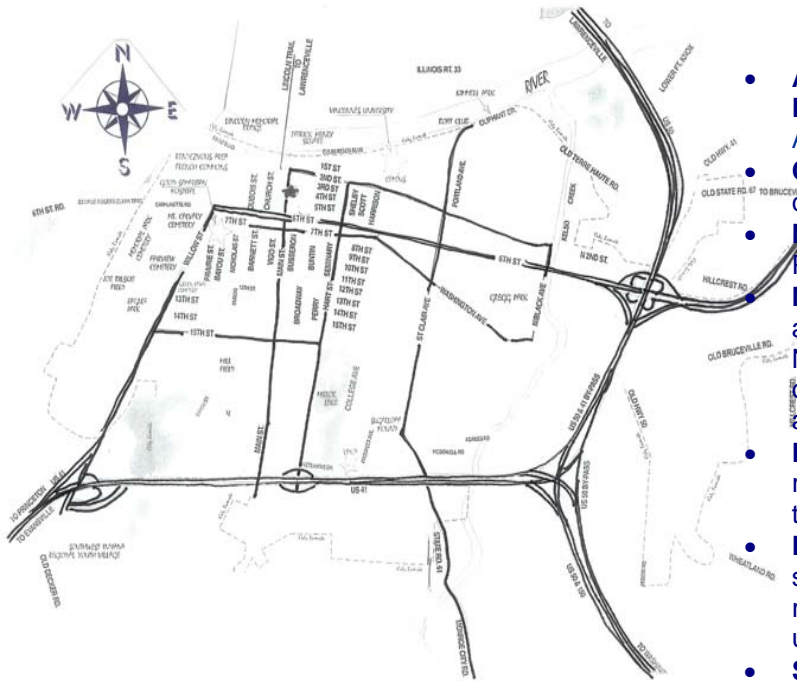
Approaching Vincennes from the Southeast on Hwy 61

Follow Hwy 61 to its intersection with 6th St. Turn left onto 6th St. and follow it to the intersection with Main St. Turn right.

A map can be located electronically at this link: <http://www.yellowpages.com/info-LMS80727889/Zanders/maps>

The business telephone number is 812-886-0380. Main St is one way south of 6th St and the start point will be on the left side of the street between 3rd and 4th St.

This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV)



Special Program Credits:

- **American Authors & Literary Landmarks** – walk associated with an American author or literary landmark.
- **College Campus** – walk on a college campus.
- **National Heritage** – walk in a National Park or National Cemetery
- **Native American Culture** – walk through a community with the name of a particular Native American or tribe, walk by a body of water, battlefield, park, museum or pass a statue, home or burial site.
- **RiverWalk America** – A trail passes by a river if you can sight the river as you walk the trail.
- **RailRoad Heritage** – the trail follows, at some point, a former rail bed, passes a railroad station, either formerly or currently used for passenger and/or freight service.
- **Spirit of Walking Cemetery Stroll** – walk will go by Sugar Loaf or Indiana Mound – native American cemetery or burial place.
- **US Presidents Special Program** – passes Wm Henry Harrison's home.
- **Walking Courthouses in the USA** – walk by Knox County's courthouse.
- **Walking Europe** – Vincennes France



Special Program credits

Bloomington's Flying Fish Invite you to Volksmarch Knox County - Vincennes, IN



Regular Volksmarch
Credit Only

May 24, 2008

Start 8 a.m. to 1 p.m.

Finish by 4 p.m.

Trail Rating: 1+

Sanction # MA08 / 80350

INVA # 954

**Eligible for credit toward
IVV Achievement Awards**

